

CONSENT FORM FOR ACUPUNCTURE

Please read carefully and ask if you have any questions or concerns.

Traditional Chinese Medicine, acupuncture, and other forms of treatment provided by Kate Butt have been proven to be highly effective and safe. However, Kate is required to inform patients that there may be some risks. Practitioners cannot anticipate all of the possible complications and risks as it is different for every patient. In general, the following are some side effects that can occur:

- Drowsiness following treatment. If this occurs, you are advised not to drive or operate heavy machinery following treatment.
- Minor bleeding or bruising can occur from acupuncture.
- Bruising, much like a “hickey”, can occur from cupping therapy.
- Irritation of the skin due to allergies if a topical oil, liniment or lotion is used. Please inform Kate if you have any known allergies.
- Rarely, fainting can occur, particularly with new patients. To lessen the possibility, it is recommended that the patient does not receive treatment on an empty stomach and that the patient consume food within 2-3 hours of treatment. It is also advised that you inform Kate if you are nervous or have a history of fainting.
- In a small percentage of patients, symptoms can become worse before improving. This is generally a good therapeutic sign. However, if the worsening of symptoms is severe or lasts for more than 1-2 days, please contact Kate.

Rare but serious problems have been reported in literature. Precautions are always observed to avoid such complications.

- Joint infections – can occur if bacteria on the skin are introduced into a joint by a needle. This is very rare as all needles used in Canada are sterile packaged needles that are used only once and then discarded.
- Nerve damage – some acupuncture points are over nerves. Theoretically there is always the possibility of nerve damage. This is very rare.
- Pneumothorax (collapsed lung) – if the needle is inserted too deeply between the ribs or in the area above the lungs, it could pierce the lungs and cause a pneumothorax. This is very rare due to precautionary insertion depths and angles.
- Needle breakage (while inserted) - if a needle breaks while inserted it may require surgical removal. Please remember to remain still during treatments to avoid this.

The use of sterilized, disposable needles at this clinic (used once and disposed of) eliminates the risk of hepatitis B, hepatitis C, and HIV transmission.

Please inform Kate of the following:

- If you are pregnant
- If you have a pacemaker or other electrical implant

- If you have a bleeding disorder
- If you are taking anti-coagulants (blood thinners, example: aspirin) or any other medications
- If you have any allergies
- If you ever feel/have felt faint or have/had any unusual or negative sensation from acupuncture or other medical treatments
- If you are at higher risk of infection/ are immune-compromised

I, the undersigned, have read and understood the above information and consent to receiving treatment from Kate Butt. I have provided information concerning my health history to the best of my ability and understand that it is my responsibility to inform my practitioner of any health concerns and feelings of discomfort before, during, or after treatment.

(Signature of patient)

(Date)

(Printed name of patient)